

Still Smoking?

Want to QUIT?



Join our Stop Smoking Class!

Dates:

**“Find Out How” Orientation
Tuesday, July 11th**

See if now is the time for you to quit for good or taper down! Discover new quit methods that work!

SAVE YOUR MONEY!



Followed by 6 Tuesday sessions
July 18 - August 22, 2017

Time:

5:30PM to 7:30PM (*door opens at 5 pm for light dinner*)

Location:

2550 23rd Street, Building 40, 5th Floor
Room 504-Solarium Classroom, ZSFGH

Cost:

FREE!

To Register:

Call: 628-206-6074

or ask your Provider to refer you

For more info: sftobaccofree.org/you

Quitting tobacco is possible!